

# Crapped!

## Day 4 - Prayer Sheet

The craft today is cooking.  
The individual ingredients can taste horrible,  
flour YUCK! cocoa YUCK! but sugar YUM! Put  
together with everything else something  
wonderful is made.

Jesus came and suffered, but through his horrid  
suffering he brought us sweet freedom!

## Taste Prayers

### SOUR



### SWEET



**Taste and see that the Lord is good.  
Oh, the joys of those who take refuge in him!**

### Psalm 34:8

ACTION - Choose a food from the sour side  
and eat a little of it (or imagine)

THINK - Of those who are trapped in a bad situation

ACTION - Choose a food from the sweet side  
and eat a little of it (or imagine)

PRAYER - Pray they will experience God's sweet freedom